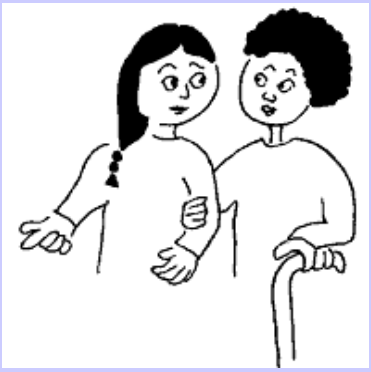
Stockport Learning Disability Partnership

# What you need to know about The Human Rights Act



November 2011

A guide for people with different abilities

NHS Stockport

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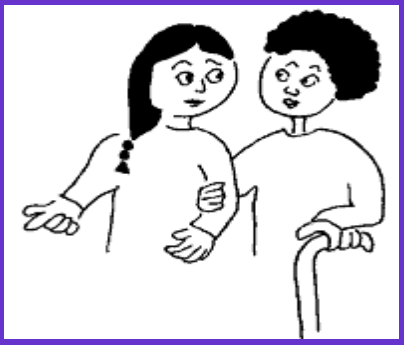
# What are Human Rights?

Everyone has the same human rights. It is against the law for government departments, schools, hospitals and councils to ignore your human rights.



**Your human rights:**

- You have a right to life.
- Nobody should hit or hurt you - even if you have behaved badly.
- You have the right not to be treated as a slave or forced to do certain kinds of work.
- You have the right to freedom and you should not be arrested or locked up without a reason
- You have the right to be listened to and have your voice heard.
- You can only be found guilty of a crime if you do something against the law.
- You have the right to respect for your private and family life, your home, your letters and emails.
- You are free to believe what you like and other people should not tell you what to believe.

# What is the Human Rights Act?

The Human Rights Act says that government departments, schools, hospitals and councils must respect people’s human rights.

**Your human rights:**

- You have the right to hold ideas and have your say.
- You have the right to get together with other people.
- You have the right to marry and start a family.
- You should not be treated unfairly for any reason.
- You have the right to enjoy the things you own and no one can take them away from you.
- You should have the same chance as everyone else to go to school or college to learn the things you want.
- You can vote in elections the way that you want.
- You can't be sentenced to death for any crime.

## Better treatment of disabled people!

People with learning disabilities may not know about their human rights. They may sometimes be treated worse than other people.

The Human Rights Act means that if people are not respecting your rights, there is something you can do about it.

## How to get in touch

If you think that you this is happening to you and you need support then please tell us and we will try to sort this out for you. You can speak to your Social Worker or any member of staff that works with you.

You can also phone us on **0161 218 1220.**

## Visit our website:

www.mycaremychoice.org.uk

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