



INTERREG IVB

## Stockport Dementia Care Training

**A joint health and social care service to provide  
training in Dementia Care  
for professionals & waged carers from all backgrounds  
&  
family carers**

### **COURSE INFORMATION**

**Jan – May 2013**

Development Worker: Mark Perry  
Administrative Assistant: Jean Sharpe

Stockport Dementia Care Training  
The Meadows  
Owens Farm Drive, Offerton  
Stockport SK2 5EQ  
Tel:0161-716-4531  
Fax:0161-716-4506  
Email:[stockportdementiacaretraining@nhs.net](mailto:stockportdementiacaretraining@nhs.net)

## **FOR PROFESSIONALS AND WAGEDCARERS**

Most courses are workshop style with a mix of presentation and group participation.

### **Three core courses**

For those needing an introduction to understanding people with dementia and how to support them. They are also suitable as an update for those with some knowledge. They should be undertaken in the sequence listed.

**Introduction to Dementia:**(one day) Aims to give an insight into the experience of living with dementia, and an overview of the different types of dementia. Dementia is explained as a disability that is experienced differently by each individual, and person centred strategies for helping people to live as well as possible are explored.

#### **Communication with People with Dementia:** (one day)

We all need to communicate and people with dementia are no different. How dementia might affect people's communication is considered, along with factors like the environment and other people's responses. How we can adapt our own communication style to improve communication with people with dementia is explained.

#### **Understanding Behaviour:**(one day)

We look at the links between brain damage and all the other factors that can affect the behaviour of people with dementia. By increasing our understanding of their experiences we can develop strategies for providing more effective support and care.

**Dates for core courses January to April 2013**  
**All courses 9:30am–4:30pm at The Meadows**  
**Trainer: Mark Perry**

#### **Introduction to Dementia**

Thursday February 7<sup>th</sup> 2013  
Tuesday March 5<sup>th</sup> 2013  
Wednesday March 6<sup>th</sup> 2013  
Wednesday 17<sup>th</sup> April 2013

#### **Communication with People with Dementia**

Friday February 22<sup>nd</sup> 2013  
Thursday April 11<sup>th</sup> 2013

#### **Understanding Behaviour in People with Dementia**

Tuesday March 12 2013  
Thursday April 25 2013

**Dates for other courses January to May 2013  
Held at The Meadows unless otherwise stated.**

**Vascular Dementia: Developing understanding to improve care**

**Trainer: Rachel Price**

To provide an opportunity for staff working with older people to develop their understanding of vascular dementia in an attempt to improve the effectiveness of care.

**Wednesday 20 February 2013 1:00pm - 4:30pm**

**The Brain and person centred care**

**Trainer: Dr Elizabeth Millwain**

This course is aimed at experienced qualified staff who have completed the core courses. The course links in depth knowledge about how different brain areas interact to strategies for maximizing the potential of people with dementia.

**Wednesday 27 February 2013 9:30am – 4:30pm at The Heaton's Centre,  
Thornfield Rd, Heaton Moor**

**Rarer forms of dementia**

**Trainer: Helen Griffiths**

This course aims to promote an understanding of the rarer dementias, and is open to staff who have completed the one day course on Fronto temporal dementia.

**Tuesday 19 March 9:30am – 1pm**

**Delirium, depression and dementia**

This course explains how people can experience symptoms that can be common to the above conditions, focusing on acute confusional states and how to achieve earlier recognition and improved care.

**Trainer: Dr Steve Bradshaw**

**Monday 15 April 9:30am – 1pm, The Carers Centre, Thornfield Rd, Heaton Moor SK4 3LD**

**Understanding behaviour in learning disability and dementia**

**Trainer: Janet Lallysmith, Dementia Trainers**

This course is aimed at staff supporting people with learning disabilities, and priority will be given to those working with those who have developed dementia. Staff should have completed last years Learning disability and dementia course or the Introduction to dementia course.

**Wednesday 17 April, 9 30am - 4 30pm, the Carers Centre, Thornfield Rd, Heaton Moor SK4 3LD.**

**FTD: Promoting understanding and improving support**

An opportunity for staff supporting people with fronto temporal dementia to gain greater knowledge about its symptoms and more insight into the support strategies used by both specialist practitioners and family carers. This will be particularly useful for residential workers ,community support workers and personal assistants.

**Trainers; Helen Griffiths, Mark Perry and members of the Stockport FTD support group**  
**Thursday 9 May 9 30 am – 1pm**

**If you have specific dementia training needs not covered by the above courses, please contact Mark to discuss.**

**Nomination forms available from, and to be returned to,  
Stockport Dementia Care Training**

## **FOR FAMILYCARERS Carers**

### **Information Groups**

These are time-limited information groups for carers of people with dementia. Each series consists of six sessions,

- Session 1    What is dementia?
- Session 2    How does it affect people?
- Session 3    Communication
- Session 4    Staying active
- Session 5    The law and finance
- Session 6    Information and support

Although there is a speaker each time, the sessions are fairly informal with opportunity for questions, discussion and a drink. Numbers are limited to about 20 for each group. Handouts and a library are available. Transport and sitters maybe available where necessary. Courses are held at The Meadows – see address on front of leaflet.

### **Next available groups 2013**

**AFTERNOON (Monday) 2pm – 4pm 15 April – 20 May**

**EVENING (Monday) 7:15pm – 9pm 15 April – 20 May**

**MORNING (Tuesday) 10:45am - 12:45pm 16 April - 21 May**

# Stockport Dementia Care Training

## Introduction to Dementia A one-day course – Part 1

**Time:** 9:30am– 4:30 pm

**Venue:** Training Room, The Meadows

**Aim:** To provide an introduction to understanding dementing illnesses and their effects on the person.

**Objectives:** To give a basic understanding of:

- The main types of dementia
- The importance of diagnosis
- Links between brain function and behavior
- The importance of a person-centred approach

**Target group:** Voluntary workers, paid carers and professionals involved in caring for people with dementia at home or in a residential ward or day care setting.

**Trainer:** Mark Perry

**Methods used:** Workshop style including some presentation and group discussion

**No of places:** 16

**Nomination forms to:**

**Mark Perry, Stockport Dementia Care Training,  
The Meadows, Owens Farm Drive, Offerton, Stockport. SK25EQ  
Tel: 0161 716 4531 Fax: 0161 716 4506  
Email: stockportdementiacaretraining@nhs.net**

# Stockport Dementia Care Training

## Communication with People with Dementia A one-day course – Part 2

**Aim:** To explore different ways of communicating and encourage participants to look at how they can facilitate communication with people with dementia.

**Objectives:** Participants will have had the opportunity:

- To examine the importance of communication and what it entails
- To look at different communication styles
- To understand the need to adapt our communication with people with dementia to take account of individual needs
- To examine some of the communication difficulties people with dementia may experience
- To examine the effects of other influences on communication.

**Target Group:**

Voluntary workers, paid carers and professionals involved in caring for people with dementia at home or in a residential, ward or day care setting. Some basic knowledge of dementia, as covered in the 'Introduction to Dementia' course, will be expected.

**Venue:** Training Room, The Meadows

**Time:** 9:30am– 4:30 pm

**Trainer:** Mark Perry

**Methods:** Workshop style including some presentation and group discussion.

**No of places:** 16

**Nomination forms to:**

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## Stockport Dementia Care Training

### Understanding Behaviour in People with Dementia A one-day course – Part 3

**Aim:** To introduce participants to the links between brain and behavior and how behavior in dementia is also affected by other factors.

**Objectives:** Participants will have had the opportunity to consider

- some of the basic functions of the brain
- the way in which specific brain areas link with particular difficulties
- the importance of consideration of social, psychological, emotional and spiritual needs of the person with dementia and how we can affect these
- the individual nature of the course of the illness
- the experience of dementia
- strategies for coping with behaviour we find difficult

**Target Group:** Professionals, voluntary workers and paid carers involved in caring for people with dementia at home or in a residential or nursing home, hospital or day care setting. Previous attendance at the 'Introduction to Dementia' and 'Communication with People with Dementia' courses, or equivalent knowledge, will be expected.

**Venue:** Training Room, The Meadows

**/Times:** 9:30am– 4:30 pm

**Trainer:** Mark Perry

**Methods used:** Workshop style - presentation and group discussion.

**No of places:** 16

**Nomination forms to:**

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# Stockport Dementia Care Training

## Delirium, Depression and Dementia A half-day course

- Aim:** To provide an opportunity for mental health practitioners and staff working with older people to gain an understanding of the main features of Delirium, Depression and Dementia as distinct conditions.
- Objectives:** To achieve understanding of the symptoms that are associated with these conditions, and how to identify which condition may be causing them
- The role played by environment and the responses of others in the development of these conditions
- Target Group:** Mental health practitioners as social care staff involved in the assessment, treatment and core management for people with these conditions.
- Venue:** Training Room, The Meadows  
**Time:** 9:30 am– 1:00 pm
- Trainers:** Dr Stephen Bradshaw, Consultant Psychiatrist
- Methods used:** Lecture presentation and group discussion
- No of places:** 16

**Nomination forms to:**

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# Stockport Dementia Care Training

## Vascular Dementia – Developing Understanding and Knowledge to Improve Care – half day course

**Time:**

1:30 – 4:30pm

**Venue:** Training Room, The Meadows, Owens Farm Drive, Offerton, SK2 5EQ

**Aim:** To provide an opportunity for mental health practitioners and individuals working with older people to develop their understanding of vascular dementia in an attempt to improve care to individuals with vascular dementia.

**Objectives:** To give practitioners an understanding of:

- What is vascular dementia
- The relationship between physical and mental health
- Diagnosis and the treatment of vascular dementia
- The lived experience of dementia
- Prevalence and risk
- Risk reduction, health promotion and empowerment

**Target group:** Health and social care staff involved in the care of older people

**Trainer:** Rachel Price

**Methods used:** Workshop style including some presentation and group discussion

**No of places:** 16

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*Stockport Dementia Care Training is a joint initiative between  
Pennine Care NHS Foundation Trust and Stockport Council*

## Stockport Dementia Care Training

### Life Story Work A one-day course

- Aim:** To provide an opportunity for mental health practitioners and individuals working with older people to learn about the value of life story work and how to incorporate it in to services to form a foundation of care.
- Objectives:** To achieve understanding of:
- What life story work is
  - How to undertake life story work
  - Weaving life story work into care to form the basis of care plans.
- Target Group:** Health and social care staff involved in the care of older people
- Date/Time:** 9:30 am– 4:00 pm
- Venue:** Training Room, The Meadows
- Trainers:** Laura Cole, Speech and Language Therapist
- Methods used:** Workshop style - presentation and group discussion
- No of places:** 16

**Nomination forms to:**

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## **Stockport Dementia Care Training**

### **NOMINATION FORM**

Name(as you wish to appear on certificate)	
Work base address	
Work base telephone no	
Email	
Course Title	
Course Date	
Line Manager	
Line Manager contact details: including Address, Tel No, Email	
Other comments e.g. access needs	

**Nomination forms to:**  
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